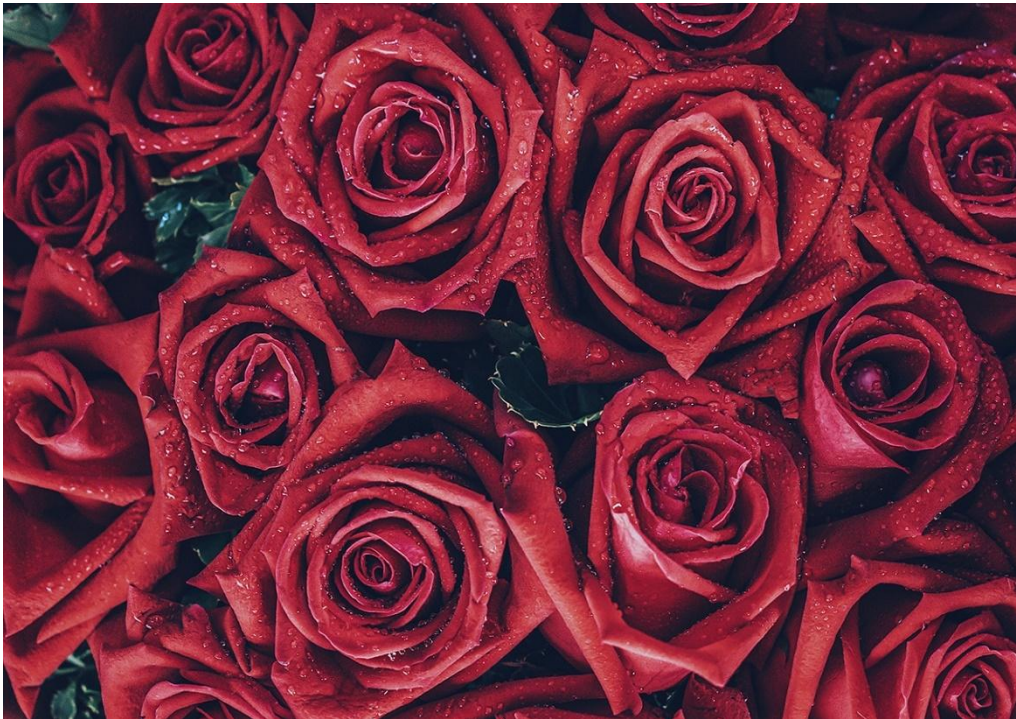




SAINT FRANCIS

REHABILITATION AND NURSING CENTER



MEMORY MATTERS

February
2023

Do you ever wonder where your loved one may be on their dementia journey?

It is very painful to watch our loved ones with dementia as they progress through the disease. It can become more and more difficult to connect with them.

It is important to all of us at St. Francis to provide you with the most effective information on the best ways to connect. Also, to give you an idea of what can be expected with your loved one's abilities based on where they are in their journey. To assist us with this, staff complete an assessment each quarter which provides us with this information.

Please feel free to reach out to Lauren Gaffney our Senior Dementia Program Director at either lgaffney@saintfrancisrehab.com or 508-471-2272 to review your loved ones most recent results and to receive individual tips and techniques to better connect. At Saint Francis we understand how difficult dementia can be and any way that we can provide you with tools to assist you is our top priority.

IN THIS ISSUE

- Where is my loved one on their dementia journey?
- Interesting Facts
- Let's Get Social!



SAINT FRANCIS REHABILITATION
AND NURSING CENTER

101 Plantation Street

Worcester, MA 01604

Telephone: 508-755-8605

Website:

www.saintfrancisrehab.com

LET'S GET SOCIAL!!!!!!

Are you looking for a fun way to keep up with all of the creative programs that we have going on here at Saint Francis? Why not follow us on Instagram! Our user name is Saintfrancisrehab



Just wait until you see what we are up to next!

COME JOIN OUR DEMENTIA SUPPORT GROUP!!!!

Meetings are held the third Thursday of every month at 2:30 PM in the Sister's Dining Room here at Saint Francis. Please join us to connect with others that are going through the journey of having a loved one or friend living with dementia. Please RSVP to 508-471-2272

Next Meeting to be held:
Thursday, February 16, 2023 at
2:30 PM

Yes, I cry

Yes, I cry when it gets too rough,
when it feels like I have had enough.
When all I want is to run and hide,
please stop and let me off this ride.

No-one can help you prepare
for how life changes once
dementia is there.
Taking each bit of a person away,
little by little taking more every day.

Yes, I cry for you mum
as you grow old, wishing
dementia would release its hold.
I cry for what was and what is now, I
try to make sense of the why and how.

So enjoy what you have because
it's only lent, everything in life
is heaven sent.
Borrowed for now but in the end
it's the life you remember
that will help you mend.

by Wendy White

DEMENTIA Live™

*"Because it's frightening to care for
someone you don't understand"*

For more information and to schedule your
experience, contact Lauren Gaffney,
Senior Alzheimer's Program Director,
MOTR/L, Dementia Live Coach,
lgaffney@saintfrancisrehab.com
508-755-8605